

# NEW BEGINNINGS

● SUPPORT ● FOCUS ● START ● INTENTIONS ● MINDSET ● RESULTS

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## WHO WE ARE:

New Beginnings is a small community based support service run by London Borough of Enfield for women living in the borough.

## WHAT WE DO:

We support women who have experienced their children being permanently removed from their care and who are at risk of further pregnancies that may result in more care proceedings.

Women will be supported with a dedicated case worker who will provide weekly out-reach via home visits, phone calls and other support. Frequency of support will be adjusted over time in partnership with women.

Women will have creative one to one support to develop and enhance personal goals, confidence, wellbeing and parenting capacity.

## OUR AIMS:

Our team will provide women with practical support, motivation and empowerment around problematic areas, such as drug and alcohol use, unhealthy re-relationships and negative thought patterns and mental health, unsettled housing, education and employment difficulties to enable them to make positive changes to their lives. We will work with women to access services in a timely manner.

We want women to be able to safely care for any children they have in the future.

**Opening hours:** 9.00am - 4.45pm, Monday to Friday.

Referrals can be made by professionals or self-referral.

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