

7 Minute Briefing Restore



What is Restore?

Launched in April 2020, Restore is an innovative, dynamic and creative approach designed to address the needs of women who have had children removed from their care. It offers an intense programme of therapeutic, practical and behavioural support through an integrated model. It is a voluntary, intensive programme aimed at parents most at risk of their unborn child being removed from their care and parents who have already been subject to safeguarding procedures. It aims to reduce the number of children being removed into care by working with women to improve their wellbeing, resilience, and stability. The aim is to support pregnant women, their families and unborn babies at the earliest opportunity to encourage and sustain positive changes for the best outcomes for their unborn child.

Who are the practitioners?

Lisa Atkinson - Family Support Worker
Debbi Hamill - Family Support Worker
Nerys Williams - Family Support Worker
Sam Walker - Parenting

3. What is the criteria?

Pregnancy pre 20 weeks gestation
Children previously removed from parents

4. What are the benefits?

- * Restore works with families before introducing statutory services such as Children's Social Care. This can help less trusting parents form relationships with professionals that may have previously been difficult.
- * Reduces Stress in pregnancy by providing support prior to social work involvement at 20 weeks
- * Informs parents of current guidelines about health in pregnancy and how a child's development can be impacted on by parental lifestyle choices.
- * Helps parents to reflect on their past experiences and assess what has changed or improved.

5. What is the offer?

- * Early Help Assessment to aid the pre-birth assessment.
- * Work from pregnancy to child's fifth birthday.
- * Automatic referral to Baby Incredible Years programme following birth of child.
- * Additional support provided through a named Family Support worker and offer of a Place in a Nursery. setting.
- * Intensive, weekly home visits to the family.

6. What support parents receive?

- * Expectations and impact of parenthood
- * Impact of lifestyle on child development
- * Relationship issues and partner choice
- * Future aspirations for self (and child)
- * Contraception
- * Engagement with other support services to promote change
- * Understanding the Pre-Birth Assessment

7. How do you refer to Restore?

Internally referral - Request to Early Help for joint work.

Externally - [MARS](#)

Case discussions prior to referral are encouraged.

Please contact carlie.mills@warrington.gov.uk or call **01925 443 681** for more information.