

Action for Change

Personalised and non-judgemental support for birth parents in Kensington and Chelsea, Hammersmith and Fulham, and Westminster, who have had a child permanently removed from their care due to care proceedings.



actionforchange@rbkc.gov.uk



What can we offer?

- Support around the loss and trauma of being separated from your child – both emotional and practical.
- A space to focus on yourself and what changes you might want to make to your life.
- A safe and private safe to express and explore feelings, someone to listen to your story and support you to better understand what has happened.
- Creative, flexible spaces for our 1:1 sessions, such as a walk and talk, going for a coffee, making food together.
- Linking in with other support you might need: housing and finance, employment and training, sexual health and contraception, substance use and mental health services.
- Support around building better relationships with other services.





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