

Who makes up the service?

We are a small team that includes health professionals and support workers who have specialist knowledge and experience of working with this client group.

Referrals can be made by email:
foundationsproject@eastsussex.gov.uk.

For advice, guidance or to discuss a potential referral, please contact the referrals team:

07919 298460

or

01424 725050

The Foundations Project

A guide for professionals



What is the Foundations Project?

The Foundations Project helps women who have had children removed from their care by the Family Court. Given the complex needs of this client group, the Foundations Project aims to deliver a pro-active, personalised and holistic service that will help parents to make positive changes to their circumstances and lifestyle. The service helps to reduce the likelihood of future care proceedings by improving the well-being and circumstances of its clients, supporting them to make positive changes.

If clients decide to have more children in the future, the service will help them to demonstrate the positive changes that they have achieved and maintained. This can help to reduce the chances of children being removed from their care in the future.

What we can offer

The Foundations Project is able to offer an assertive outreach approach. Clients will be provided with a lead professional who will coordinate and deliver a personalised package of support.

Areas of support could include:

- access to health, mental health, drug and alcohol treatment services
- LARC (long-acting reversible contraception) and sexual health services
- harm reduction information and advice

- practical support in areas such as housing and legal advice
- promotion of positive relationships
- psychosocial interventions to improve self-esteem and self-worth
- personal safety advice
- parenting programmes
- psycho social interventions for childhood or adult trauma, anxiety, anger management and issues related to childhood attachment
- basic skills development, such as self care and managing a household
- access to education, training or employment
- assistance to maximise income and welfare benefits
- support to participate in prosocial activities and new peer network

Referral criteria

- a woman who has experienced the removal of a child and is likely to go on to have more children.
- care proceedings need to have been completed or the long term care arrangements for the children finalised before a service is offered.
- a Foundations Project worker can go out and meet with a potential client before completion of care proceedings, to offer advice on contraception.