

Notes

For further information please
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Reflect Swansea
Positive Steps Workers

Reflect Swansea Positive Steps



Positive Steps
towards a positive
future

Information for Parents

- ◆ Have you had a child removed for adoption or under a special guardianship order?
- ◆ Are you aged 16 or over?
- ◆ Would you like someone to be there for you?

What is Reflect Swansea Positive Steps?

We offer support to you at a difficult time in your life.

We are here to help you to understand your past and make changes needed for your future.

What can we do?

One to one support for parents that may include:

- ◆ Contraceptive advice and support
- ◆ Listening and advising
- ◆ Self-esteem and confidence building
- ◆ Housing Issues
- ◆ Finding services that can help you
- ◆ Education and Employment



Your Reflect Positive Steps worker will support you to identify and develop new skills to help you take positive steps towards a new future.



'Understand your past, work with your present, achieve your future'