

The Foundations Project Team

The team aims to give you a choice about your future. We are a small team who have an understanding and experience of working with women who have had children removed from their care.

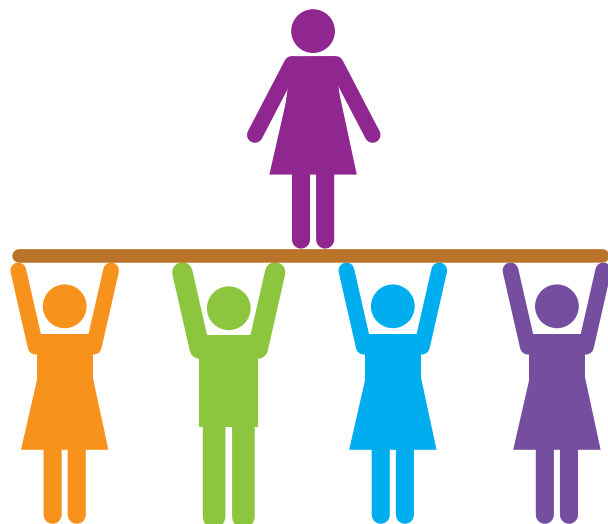
Where to find us:

Don't worry, you choose a place and we will come to you!

But you can phone us to get things going on 07919 298460.

The Foundations Project

A guide for clients



FOUNDATIONS

What is the Foundations Project?

The Foundations Project is a service that works with women who are unable at this time to care for a child, as decided by the Family Court.

It is aimed at meeting your personal needs, recognising that you may need additional support to help you to make and maintain positive changes to your life and circumstances. If you decide to have children again in the future, this service will help you demonstrate the positive changes you have made, in order to avoid the distressing loss of any future children.

Your name has been given to us by one of the professionals you have worked with who has identified that you may benefit from this service.

What can we offer you?

We offer a personalised, flexible service based entirely on your needs and circumstances. You will be supported by a specialist key worker who will work with you to achieve change and help you to make choices for your future.

Your key worker will start by meeting you in a place where you feel comfortable and talk to you about how things have been and what you want for your future.

The type of help we can offer you includes:

- benefits and welfare advice
- access to education, training or employment
- development of life skills
- housing advice and support
- sexual health and contraception
- support to access health services
- personal safety
- counselling for trauma and loss
- relationships work
- bereavement support
- help to develop improved social support networks
- parenting support programmes