



*'Understand your past, work with your present, achieve your future'*

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*Reflect Swansea  
Positive Steps Workers*

## Reflect Swansea Positive Steps



Positive Steps towards a  
positive future



## Reflect Swansea Positive Steps

The positive steps worker will offer support to parents who have had children removed from their care. The program of work helps parents take a step back from the current stresses of their lives in order to break the cycle they find themselves in.

The Positive Steps model does not define the individuals to one issue, such as substance misuse or mental health, instead it helps them to focus on themselves and to make positive future choices.

### Criteria

- Work with parents who have had one or more child permanently removed from their care (Adoption or SGO)
- Final Assessment has been completed with the recommendation that the Child can not safely be cared for by the parent(s)
- Work with families who are at high risk of recurrent care proceedings
- Are not currently pregnant
- Do not have any children living at home

## What the positive Steps worker will address:

- Building resilience and self esteem
- Education and career plans
- Building healthy boundaries
- Difficulties in relationships
- Accessing suitable services and training programs
- Address negative issues /behaviors
- Support women into stable accommodation
- Develop aspirations for the future
- Support to reflect on the past and face trauma.
- Contraception advice
- Support at appointments e.g. LAC reviews, court, health appointments.

## What the Positive steps worker will not do:

- Work around getting their children back
- Parenting support or parenting classes
- Parenting assessments
- Rescue women and run their lives
- Work with parents where there is no consent for the service